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ONLINE SHOP @ www.crossgatesfarm.co.uk

Every month there will be new offers on our web-shop, please check regularly for the latest special offers on-line. Thank-you to those who signed up for newsletters, the prize draw for May 2010 for 3x30ml Sprays of your choice goes to: Kathy Mackintosh. Congratulations! Log on and sign up for online newsletters if you haven't already as we will have a prize draw every month.

NEW PRODUCTS



Both are £14.95
For a 30-day
supply (60caps)

Probiotics by Protexin **Bio-Kult & Bio-Kult Candéa**, both have over 14 million bacteria from seven different cultures.

Bio-Kult Candéa has been specifically designed to help Candida and Thrush. There are many conditions associated with overgrowth of the Candida yeast that you may not necessarily identify with symptoms of Candidiasis; oral thrush, food & environmental allergies, depression, anxiety, irritability, mood swings, fatigue, heartburn, indigestion, bloating & flatulence, joint soreness, dry itchy flaky skin, acne & other skin problems and migraine.

Bio-Kult Candéa Also contains grapefruit seed extract and garlic. Please call or use our online facility for more information.

Bio-Kult is a regular probiotic that is helpful for antibiotic associated diarrhoea, traveller's stomach, atopic dermatitis (eczema), leaky gut syndrome & IBS (Irritable bowel syndrome). Recommended dosage 2 capsules daily. These are also suitable for children, either by taking half the adult dose, or by sprinkling the contents onto food.



STAFF UPDATE

Lynda Mayfield joined us in February 2010, she is taking care of general admin for the department and taking calls regarding supplement re-orders and our other services. Please ask to speak to Sue, Julie or Samantha, our Homeopaths, if you need more advice about the hair analysis. Lynda will be contacting you via email and SMS on your mobile about current offers.

FRANCHISING

We are continuing talks with a franchise consultant and hope we can have the necessary documents in place by September 2010. This will allow therapists to run a Bioresonance service as their own business under our brand, with our help and support. If you would like a prospectus please contact us by phone or email

ENERGETIC ANALYSIS & BALANCING SERVICE FROM A HAIR SAMPLE.

We work with one of the most advanced and effective Bio-resonance Balancing & Remedy Selection systems in energetic medicine. This fully automatic PC-based system analysis, tests for over 300,000 different imbalances, disorders (physical and psychological), destructive substances (poisons, toxins, bacteria, fungi, viruses, parasites, allergens) & deficiencies in a totally objective way. This energetic (not medical) test detects energetic weaknesses or reactions in the body. By using a small sample of hair, the system creates a unique combination remedy for any individual at the time of the analysis, helping the body energetically balance in a holistic way.

E-PENDANT / E-PEBBLE – PROGRAMMED WITH BIORESONANCES FROM THE ANALYSIS AND BALANCING SERVICE

We have had considerable positive feedback since November when they first arrived. Clients say they like the convenience and design of these devices. **Christine Law says:** "The e-Pendant is excellent, I feel I have gained a quality of life that I wouldn't have achieved without it. I will continue to have regular updates from the machine and can't praise Crossgates enough for their service."



OPENING HOURS

MON – FRI
9AM – 4PM

CLOSED BANK HOLIDAYS

ONLINE AT

www.crossgateshumanhealth.co.uk



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JOHN SUTCLIFFE: SADDLE BACK PIGS: WWW.SADDLEBACKPIGS.CO.UK

My return to health after pneumonia has been greatly assisted by Crossgates. They analysed my hair sample and made me a special spray based on their findings. This whole body approach has certainly speeded up my recovery and I heartily recommend it. This analytical approach to personal and Saddleback pig health is all in aid of a fully charged immune system to fight off infection. I'm afraid mine must have broken down under the stress of B.A. being unable to fly me to Manchester, dumping me in Heathrow airport on my return from Canada. And what of the funny black pebble? This is charged with the same beneficial energies in the spray, but when in my pocket the pebble gives off remedial energy all day. Pendants are also available as necklaces, if I get a really ill pig, it may have a pendant tied round its neck. Pigs with necklaces - whatever next!

FLOWER ESSENCES

Julie recently attended the *Australian Bush Flower Essence Course*, held by Lakeland College of Homeopathy, which she really enjoyed and came back with a lot of enthusiasm. If you haven't tried the essences before they are brilliant for physical ailments as well as mental and emotional problems.

The combinations include: *Emergency Essence, Abundance Essence, Calm & Clear Essence, Cognis Essence, Confidence Essence, Creative Essence, Dynamis Essence, Electro Essence, Meditation Essence, Purifying Essence, Relationship Essence, Sexuality Essence, Solaris Essence, Transistion Essence, Travel Essence, Woman Essence.*

SPORTRON- SEE OUR RANGE ONLINE



Femplex: is used by women who prefer to manage their menopausal symptoms using nutritional supplements. Contains Folic acid, beta-carotene, B-Vitamins, ginkgo biloba, epimedium, damiana, soy isoflavins, black cohosh, hops, Mexican wild yam & omega 3 **£14.99**

Udo's Choice Organic Oil

The threat of illness is a reality for everyone. Chronic lifestyle related diseases have become the largest causes of death in our modern world. Research, however, has demonstrated that nutrition plays a critical role in the protection against disease.

Udo's Oil is a blend of Omega 3, 6 & 9, providing the essential fatty acids for the body, in the correct ratio of 2:1:1. The modern western diet is high in omega 6 and low in Omega 3. Omega 9, and other ingredients are important in membrane health, as well as Omega 7, caprylic acid and lauric acid are shown to benefit the immune system. Enjoy the good fats you need without the bad fats you don't. **£18.99 for 90 (caps), recommended dosage 2 capsules 3 times a day with food.** Please go to our website for the full range of supplements we can supply.



TESTIMONIALS

JANET B. JUN 2010

I have recently started using **FEMPLEX** and within 20 days I have stopped waking in the night and feeling uncomfortable.

HERBAL TINCTURE FOR THE HEART

An important herbal tincture for heart health is **Crataegus**. **Crataegus** is made from Hawthorn berries. This has been shown to improve artery walls and to nourish the heart muscle itself.

15ml bottle £9.40
30ml bottle £16.50
Dose: 5 drops twice daily in water.

ORGANIC APPLE CIDER VINEGAR

We have now extended the business with facilities for packaging Organic Apple Cider Vinegar licensed for human consumption.

BEAUTY & HOLISTIC THERAPIES:

New beauty and therapy centre on site at Crossgates open 1st July 2010.

Beauty Therapy & Massage with Sally.
Reflexology with Linn.

Please call: 01729 825300 for more information or to book an appointment.

OPEN DAY 17th JULY 2010

This newsletter is for informational purposes only it is not designed to replace medical advice. Prices quoted include VAT @17.5% & do not include post & packing. Prices correct at time of publication 11/06/10 EO&E.